

# ROTOVUE

Serving Marine Corps Air Station New River and Jacksonville, N.C.

[www.newriver.usmc.mil](http://www.newriver.usmc.mil)

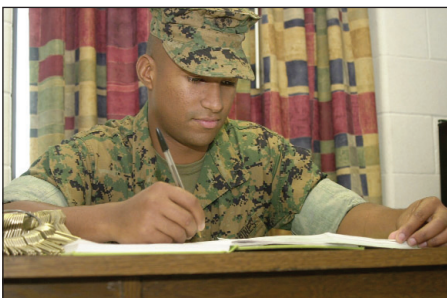
July 2, 2003

Vol. 42 No. 12

See who's in charge  
of New River now  
.....Pg. 4



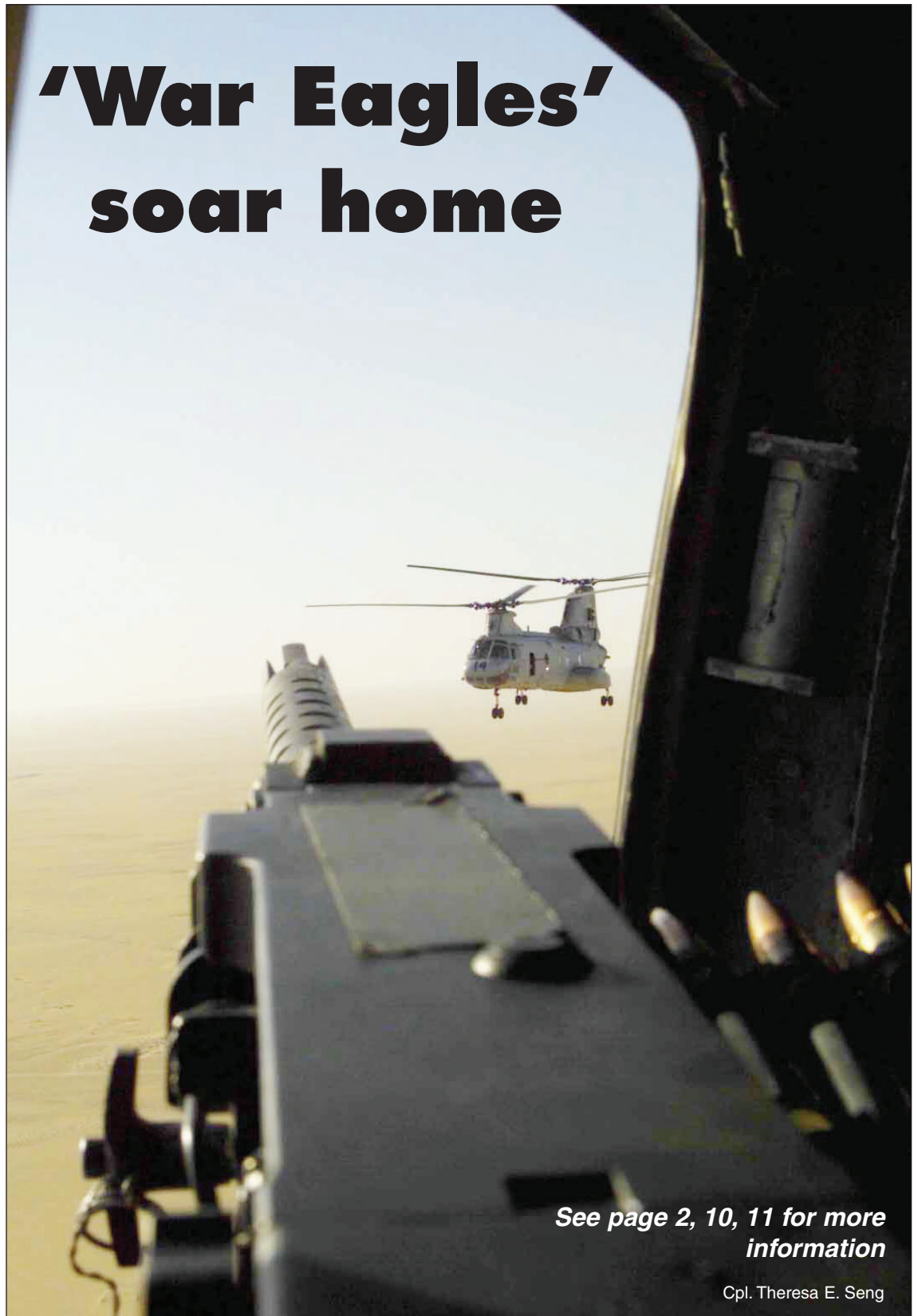
Are the new cammies  
as good as the old?  
.....Pg. 6



What you should  
know about summer  
safety.....Pg. 9



## 'War Eagles' soar home



See page 2, 10, 11 for more  
information

Cpl. Theresa E. Seng

# FLIGHTLINES

## Bag Break-to-Go!

Patrons who come into the New River Mess Hall to pick up a Bag Break-to-Go after conducting physical training are not authorized to pick up any additional food items from the mess deck.

Fruit and yogurt will be available in the Bag Break-to-Go from now on, and patrons in PT gear are required to leave the facility through the closest exit. The only patrons authorized to be on the mess deck are those in proper military or civilian attire.

If you have any questions contact the Mess Hall SNCOIC at 449-6710.

## Station Pool hours

The Station Pool is open Tuesdays - Fridays for military laps from 11:15 a.m. to 12:45 p.m. and for open swimming from 1 to 6 p.m.

Weekends and holidays the pool is open from noon to 6 p.m.

The Family Pool located at the Station Officers' Club, opens Tuesdays - Sundays from noon to 6 p.m.

They have water aerobics on Tuesdays from 9 to 10 a.m. and Thursdays from 6 to 7 p.m.

In addition, they offer swimming lessons for all ages. It's on a first come first serve basis and spaces are limited. The fee is \$30 per child, per session.

Registration will be held at the Station pool.

For more information about water aerobics, call 449-6003 or 449-6436 for swimming lessons.

## Football camp

Marine Corps Community Services is sponsoring the 8th annual Total Package Football Camp July 14-18 at the Stone Street football fields.

It's \$45 per camper and \$35 per additional sibling. Ages 6-10 are from 8:30 to 11:30 a.m. and 11-15 are from 12:30 to 3:30 p.m.

## Summer Reading Program

Reading program begins July 3 at the Main Library in Jacksonville from 10 to 10:45 a.m. for preschool and kindergarten. For first and second grades from 11 a.m. to noon. For fifth and sixth grades from 2 to 3:15 p.m.

For more information call 455-7350 ext. 231.

## Children's Revue

The Sarah Graham Kenan Auditorium of the University of North Carolina, Wilmington, invites military families to the 2003 Red, White and Blue Children's Revue on July 4. The times are 12:30 and 2:30 p.m.

The show lasts approximately one hour and features performances by summer arts students, area special guests and costumed characters.

Also included are visual arts, prizes and surprises from area merchants and a closing ice cream social for the little guys and gals at no cost.

According to Ingrid Wright, they want our military to be special guests, as thanks to them, on the nation's special day.

For more information call 254-3235 or e-mail Wright at occycat@aol.com.

## Grand opening

New River personnel are invited to the grand opening ceremony of the Lejeune's First Choice Supplies and Services Center (LFC) July 8 at 9 a.m.

The LFC will be celebrating a unique partnership between General Services Administration and the Camp Lejeune's Business Logistics Support Department.

For more information call 451-8197.

## Marine Corps University

The local satellite campus of the Marine Corps University is scheduled to conduct a seminar program beginning in October to support students enrolled in either the Amphibious Warfare School (Expeditionary Warfare School) Phases I and II or the Command and Staff College distance education programs.

Seminars will meet one night per week for 2 - 3 hours, and vary in length from 29 to 35 weeks depending on the program enrolled in.

For further information, or to sign up for the seminar program, please contact the regional coordinator at 451-9309, or e-mail at: wheeler-jr@lejeune.usmc.mil.

## Earn a promotion

Recruiting Stations Louisville, Ky., and Richmond, Va., are looking for motivated Marines who want to earn promotion points toward their composite score.

While on Permissive Temporary Assigned Duty the Marine will be assisting recruiters in their recruiting efforts and enjoy the opportu-

nity to be near home for up to 30 days. RS Louisville is looking for Marines from Kentucky, southern Indiana and the greater Cincinnati, Oh., area.

For more information, please contact Sgt. Maj. Leon Jordan, at (502) 582-6612/6610 or via email at: jordanl@4mcd.usmc.mil.

Recruiting Station Richmond is looking for Marines to assist in the following cities in Virginia: Chesapeake, Virginia Beach, Norfolk, Newport News, Richmond, Petersburg, Charlottesville, Lynchburg, Roanoke, and Danville.

Contact Sgt. Maj. Tyrone Humphrey or Staff Sgt. Travis Faison at (800) 436-6577.

Privates and privates first class can get promoted to the next rank, while lance corporals and corporals can earn up to 100 points toward promotion. Openings are available now.

## Please curb your dogs

People who walk their dogs around the Air Station running trail have been failing to pick up pooch droppings, creating a slippery situation for runners.

Pet owners are asked to clean-up after their dogs and help keep the Air Station looking and smelling a little bit better.

## On the Cover

**IRAQ - Two CH-46E Sea Knight helicopters from Marine Medium Helicopter Squadron-162 patrol over the sands of southern Iraq in support of Operation Iraqi Freedom.**



**Commanding Officer**  
Col. Stephen L. Forand

**Executive Officer**  
Lt. Col. Karl S. Elebash

**Sergeant Major**  
Sgt. Maj. Lewis Summerville

**Public Affairs Officer**  
Capt. Rob James

**Public Affairs Chief**  
Master Sgt. Timothy J. Shearer

**Press Chief**  
Sgt. Juan Vara

**Editor**  
Sgt. Christine C. Odum

**Joint Public Affairs Office Staff**  
Staff Sgt. Pat Franklin  
Cpl. Wayne Campbell  
Cpl. Josh P. Vierela  
Cpl. Theresa E. Seng  
Cpl. Andrew W. Miller

**Combat Visual Information Center**  
Gunnery Sgt. Richard Small  
Sgt. Arthur Stone  
Lance Cpl. Steve A. Zilch  
Pfc. Zachary Frank

### Disclaimer

This Department of Defense newspaper is an authorized publication for members of the DoD. Contents of the RotoVue are not necessarily the official views of, or endorsed by, the U.S. government, the DoD, or the Joint Public Affairs Office, Marine Corps Air Station New River.

The RotoVue is published by Landmark Military Newspapers, a private firm in no way connected with the DoD, the U.S. Army, the U.S. Navy, the U.S. Air Force, or the U.S. Marine Corps, under exclusive contract with MCAS New River.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the DoD or military services, or Landmark Military Newspapers, of products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The editorial content of this publication is the responsibility of the Joint Public Affairs Office. For information regarding content, contact Joint Public Affairs Officer, Headquarters and Headquarters Squadron, Marine Corps Air Station New River, PSC Box 21002, Jacksonville, NC 28545-1002.

If you have any comments or suggestions you may also contact the public affairs office at (910) 449-6196 or fax (910) 449-6478.

# Friends, families mourn pilot's death

**Sgt. Juan Vara**  
correspondent

The aviation community aboard MCAS New River mourns the recent death of one of its fellow brothers-in-arms.

Captain Seth R. Michaud, a 27-year-old CH-53E helicopter pilot assigned to Marine Heavy Helicopter Squadron-461, was killed June 22 in a training accident in the eastern African nation of Djibouti.

A detachment of the squadron traveled to Djibouti in April to provide the Combined Joint Task Force-Horn of Africa organic operational reach and flexibility to support a wide variety of counter terrorism activities across the Horn of Africa region.

A CJTF spokesman, Capt. William F. Klumpp, said an Air Force B-52 Stratofortress apparently dropped "multiple" bombs in the wrong area of Godoria Range, located on the coast of Djibouti.

A memorial service was held at Camp Lemonier at the Enduring Freedom Chapel, June 24.

More than 200 Marines, sailors, soldiers and airmen attended to commemorate Michaud's life and the ultimate sacrifice he gave to his country while serving with CJTF-HOA in the global war on terrorism.

"He always gave it his all, he represented the heart of the squadron and he always will. He was a hero," said Lt. Col. Lawrence E. Miccolis, HMH-461 commanding officer. "He was a very dedicated husband and father. He was proud to fly CH-53s, he was proud to be an officer and proud to be a part of the unit. We will never forget him."

Aboard New River, more than 380 Marines, sailors, friends and family members attended a memorial service held at the Station Chapel, June 27.

Colonel Douglas F. Ashton, Marine Aircraft Group-26 commanding officer, gave the eulogy and spoke about his recent visit to Djibouti and the time he spent around Michaud.

"We flew to a city about 200 miles south of Djibouti," said Ashton, "he flew really well, he was ready for his 'hac' check."

In aviator's lingo, 'hac' stands for helicopter aircraft commander. Miccolis named Michaud a 'hac' a few days before his death.

"Before I left Djibouti I talked to Seth," added Ashton. "I told him 'When you become an aircraft commander do just that: command the aircraft'. He died being an aircraft commander, that morning he had signed for the aircraft."

Michaud's father, Francis Michaud, talked about how the support of the Marine Corps family has helped the Michaud family cope with their loss and offered those present his deepest sympathies.

"His loss is a great loss to you as well. He was always proud to be a Marine and now he's given the Marine Corps all he had," said Francis.

Captain Timothy A. Sheyda, a CH-53E helicopter pilot assigned to Marine Heavy Helicopter Squadron-464, flew with Michaud many times while assigned to HMH-461.

"He always took care of his Marines and they loved working with him," he said. "He was a great American. A family man, really proud of his wife and son."

Michaud a native of Hudson, Mass., and 1998 U.S. Naval Academy graduate, is survived by his wife Karen Marie Michaud and 18-month-old son Ian.



Cpl. Matthew J. Apprendi

**Marine Heavy Helicopter Squadron-461's commanding officer, Lt. Col. Lawrence E. Miccolis, gives a eulogy during memorial service for Capt. Seth R. Michaud, a CH-53E pilot, June 24 at Camp Lemonier, Djibouti. Michaud was killed during a Combined Joint Task Force-Horn of Africa training event, June 22. (Inset) Another memorial service was held at the MCAS New River Chapel, June 27. A set of flight equipment was displayed in Michaud's memory. (Photo by Sgt. Christine C. Odom)**



# New River flows under Forand's command

## Station receives new commander from Naval War College

**Sgt. Juan Vara**  
correspondent

Despite the inclement weather, Col. Dennis T. Bartels relinquished command of Marine Corps Air Station New River to Col. Stephen L. Forand in a ceremony held June 19 at the flightline of the Station Operations building.

Some were drenched from head to toe, but family members, friends and dozens of high-ranking Marines stayed to watch Forand, who comes to the Station after serving as a faculty member of the Strategy and Policy Department of the Naval War College, R.I., receive the Station colors from the man who's commanded New River for the last three years.

What made this ceremony one to remember, other than the heavy rain, was when the distinguished guests applauded and cheered as the Marines marched by during the 'Pass in Review'.

Bartels and Forand said they had never seen anything like that and would like to thank the Marines who participated in the ceremony for making it a superb and memorable event.

"I tried to thank everyone who was hanging around at the end," said Forand, a native of Fall River, Mass. "I had a chance to thank those who took advantage of the 'hot-dog wagon'."

Bartels leaves New River to be the Chief of Staff at Marine Corps Recruiting Command, Headquarters Marine Corps.

"I would like to thank everybody on

the staff for their support and for the forthright way they do their job," he said. "I'd like to thank all units within Marine Aircraft Group-26 and MAG-29 because we all get along great. We don't know what the challenges of tomorrow hold, but we need to be preparing now."

A graduate of the University of Massachusetts at Dartmouth, Forand said he's excited to be back after leaving here in 1983, then a captain serving with Marine Helicopter Training Squadron-204 as a flight instructor.

"When I left I never dreamed that if I was fortunate enough to return, it would be as commanding officer of the Station," said Forand.

According to Forand, he sees major changes aboard New River and Jacksonville.

"The operational tempo of the units aboard New River and Camp Lejeune is certainly more intense and demanding than I recall," he said. "That's why New River plays such a vital role in support of Marine forces as they face increasingly challenging commitments."

However, what strikes him are the things that remain unchanged. The things Forand sees unchanged are the professionalism and attitude of the people here, which continues to be a New River hallmark.

"The Marines and civilian workforce continue to demonstrate unsurpassed resourcefulness in providing support to the units assigned to the Air Station," said Forand.

The Station sergeant major, Sgt. Maj. Lewis Summerville, worked next to Bartels for three months and said he will miss the knowledge Bartels gained throughout his three years here as commanding officer.

"Dealing with the 'wing', the concern of the facilities of the Air Station and the civilian community ... the knowledge of these areas, that he would share with all of us, will be missed a whole lot," said Summerville.

He looks forward to the opportunity of being Forand's sergeant major and being of any assistance and guidance for the betterment of the Station.

"I also look forward to his new ideas and perspectives on bettering the facilities here and progressing in our relations with the civilian community, as well as the two MAGs and Camp Lejeune," he added.

Among the distinguished guests present at the ceremony were Lt. Gen. Henry P. Osman, 2nd Marine Expeditionary Force commanding general; Maj. Gen. John G. Castellaw, 2nd Marine Aircraft Wing commanding general; Maj. Gen. Robert M. Flanagan, Marine Corps Air Bases Eastern Area commanding gener-

al; Maj. Gen. David M. Mize, Marine Corps Base Camp Lejeune commanding general; Maj. Gen. John F. Sattler, 2nd Marine Division commanding general; and Brig. Gen. James F. Flock, 2nd MAW assistant wing commander.



Sgt. Christine C. Odom

**Despite heavy rain, Col. Dennis T. Bartels passes on the Station colors to Col. Stephen L. Forand, at the MCAS New River change of command ceremony, June 19, held at the Station Operations flightline.**

# Squadrons foster family environment for Station Marines

**Cpl. Josh P. Vierela**  
correspondent

Being in a family requires individuals to bond with one another in such ways that a closeness forms, which is difficult to break.

The Marine Corps is one such family, which believes that strengthening ties with each other not only improves morale, but improves the total functioning ability of the family unit.

There are many ways to increase the sense of belonging, such as field meets, training together and even Marine Corps Birthday Balls. However, one of the better ways to ensure a feeling of family is to in fact have a family day.

Recently Marine Aviation Logistics Squadron-26, Headquarters & Headquarters Squadron, Marine Wing Support Squadron-272 and Marine Helicopter Training Squadron-302 held family days to boost morale.

"Marines work very hard and are supported by their families," said Gunnery Sgt. Michael Cline, aviation support system division chief, MALS-26. "It (family day) was a chance for us to give something back to the Marines and their family members."

These type of events are important not only for married Marines

and their families, but also for single Marines with no families.

"I had a good time and being around other families made me feel more at home," said Cpl. Jeffery D. Wunder, radio technician, H&HS.

It is this opportunity that provides an outlet for the integration of key unit pieces that ordinarily would not have a chance to get to know each other.

"The focusing on both families and single Marines builds camaraderie within the unit by letting everyone meet everyone else," said Cline. "It also gives a chance for the single Marines to see who is supporting them. Groups with spouses such as the key volunteers support the single Marines, and these events let them see the whole picture."

The whole picture might be building camaraderie, but one of the clearer pictures is fun. This is noticeable in the areas where recent family days have been conducted.

Marines from MALS-26 had their family day at Onslow Beach and Marines from H&HS, MWSS-272 and HMT-302 held their family days at the Station Marina.

"This is the second time I've attended a family day," said Lance Cpl. Jason D. Holden, weather observer, H&HS, who is married and has a 3-year-old daughter. "I think this year's family day was better than

the last. It had more activities, better food and my daughter enjoyed dunking the squadron commanding officer."

Free burgers, hot dogs, steak, chicken and other picnic food along with moonwalk machines and games, all make for fun and unifying activities.

"We try to have unique activities, such as the dunk tank, because it's

fun and motivates the Marines," said Lt. Col. Timothy Fitzgerald, commanding officer, H&HS. "These events build camaraderie within the squadron."

Although the arms of the Marine Corps might not be as familiar as mom's, the cohesive atmosphere projected from individual units might prove to be just as welcoming as one's own family.



Cpl. Josh P. Vierela

**Marines from Marine Aviation Logistics Squadron-26 participate in a unique family day held at Onslow Beach, June 20. MALS-26 was one of four squadrons to recently boost unit morale with a family day.**

# New pixel cammies haven't distorted Marines' vision

story, photos by  
Cpl. Josh P. Vierela  
correspondent

In a high tech world where technology is constantly being updated, we've seen cameras, recorders and even televisions go digital. Not even the Marine Corps' tried and true camouflage pattern was safe from the digital revolution.

Earlier this year Headquarters Marine Corps implemented the use of a new combat utility uniform, designed to provide for better tactical capabilities.

So what are the benefits and disadvantages of these new uniforms? Let's first look at some of the differences.

First, the most obvious difference is the pattern itself. This digital design incorporates the eagle globe and anchor throughout the cammies.

Other noticeable differences include, shoulder pockets and Velcro fasteners on the chest pockets, inboard buttons on the sleeve cuffs, angled chest pockets, half-and-half blend of nylon and cotton and perhaps the most welcomed difference ... wash-and-wear material.

"These new cammies are better than the old ones because it saves me time getting dressed every morning, in that I don't have to press them out," said Lance Cpl. Jonathan R. Tomblin. Tomblin, small system specialist, S-6.

Along with the wash-and-wear cammies, the new tan suede boots also cut down on time. Not having to polish and iron can give Marines the opportunity, especially on weekends, to do other things.

"Instead of ironing and preparing my cammies on the weekends I would rather catch some sun at the beach," said Cpl. Jeffery D. Wunder, radio technician, ground electronics maintenance division.

Although the new cammies are widely liked, some Marines still miss the older versions for one simple reason ... self glory.

"I think the usability of the new cammies outweigh the old ones, however I liked the old ones because you could take pride in preparing them," said hard charging Lance Cpl. Nathan T. Wolff, network administrator, Station S-6.

Another feature Marines enjoy about the new digital cammies is the placement of the embroidered eagle, globe and anchor on the left breast pocket.

"This is just one of the things that make the new cammies look cooler," said Cpl. Leobardo

**"When you see a gunnery sergeant walking around in the digital cammies, he comes off as being younger."**

-Lance Cpl. Jonathan R. Tomblin

**"They easily save me one to two hours a week."**

-Cpl. Scott R. Crompton

Rodriguez, small system specialist, Station S-6.

According to Tomblin, it is this cooler look that helps bridge the generation gap in the Marine Corps.

"When you see a gunnery sergeant walking around in the digital cammies, he comes off as being younger," said Tomblin.

Despite the bridging of the generation gap, there are some that still believe in the old way.

"I'm on strike," said Staff Sgt. Darrin D. Gdowski, in reference to wearing the digital cammies. "I feel the new cammies take away on uniformity. There are too many varieties being worn and there is no one set (woodlands, desert) to wear."

According to Gdowski, who is the help desk staff noncommissioned officer in charge, Station S-6, this is not the only problem with the new cammies.

"I think it is unprofessional the way the new cammies have the eagle, globe and anchor upside down," said Gdowski, talking about the Marine Corps emblem's placement in the digital pattern. "I just think they should have stayed with the older pattern until they could get everyone uniform."

**"I was a little apprehensive about the new cammies at first, but now they're growing on me."**

-Staff Sgt. Darrel A. Nevells

Despite the occasional resistance from the "old timers" the new cammies have won over their fair share of the more experienced Marines.

"I was a little apprehensive about the new cammies at first, but now they're growing on me," said Staff Sgt. Darrel A. Nevells, weather forecaster, Station Weather.

In review, the new cammies have so far proven to be beneficial practically and financially for the salty and not so seasoned Marines alike.

"The new cammies are a lot more comfortable, a lot less work, and save me money on dry cleaning and having to buy starch," said Cpl. Scott R. Crompton, embark noncommissioned officer, Aircraft Rescue and Firefighting. "They (new cammies) easily save me one to two hours a week."



# New scams hit your streets

**Master Sgt. Tim Shearer**  
public affairs chief

Two consumer alerts were issued last week, concerning telephone calls that dupe unsuspecting people into giving up information that can cost them big bucks down the line.

One involves people being asked to dial a certain sequence of numbers on the telephone. Doing this will allow the caller to make long distance calls at the expense of the person who dialed the numbers. The second involves thieves who convince people to give up a credit card number to expedite the processing of the upcoming Internal Revenue Service Advance Child Tax Credit. Both of these rely on the lack of sophistication of the targeted victims.

Bottom line is that if someone asks you to dial numbers on the phone, hang up and contact the

police. If someone offers to speed up the IRS tax refund system, hang up and contact the police.

An IRS press release outlined the automatic nature of the tax refunds. "The only thing a taxpayer needs to do is cash the check," said Mark W. Everson, IRS commissioner. "If you qualify we will send you a notice. There's no need to call, no need to apply, no need to fill out another form. The IRS will do all the work. A few days after the notice you will get the check."

The press release also explained that anyone who encounters a tax scam or suspects tax fraud should report the situation to the IRS. Their fraud line is (800) 829-0433.

Much work is being done by financial institutions and federal law enforcement authorities to limit the potential for people to swindle others out of money using technology and telemarketing. A recent

regulation is allowing people to have their phones blocked from telemarketers' calling lists. By registering with the Federal Trade Commission, a person can be guarded from getting calls from telemarketers with whom they do not wish to conduct business. To learn how to take advantage of this service, visit the FTC web site at [www.donotcall.gov](http://www.donotcall.gov). The program will take a short time to be fully effective.

The saying if it sounds too good to be true, needs to be notched up a bit. If someone calls requesting information the best thing to do is hang up. If the caller has a product or service that you are truly interested in, have them send you the information in the mail. If it is a legitimate company who wants your business, they will do this. If it is a fly-by-night thief, they will leave you alone and move on to another person who doesn't have your level of sophistication.

# Playing it safe under the sun

**Sgt. Christine C. Odom**  
correspondent

Summer has arrived, people can once again leave the confinements of their homes to do all those outdoor activities they've been putting off.

Before getting under the sun and catching some rays, here are a few tips from the New River Medical Clinic to make the summer safe, as well as fun, for Marines, Sailors and their families.

"If you're dealing with kids or older people, you need to make sure they're drinking plenty of water and eating healthy," said Petty Officer 1st Class Edwin T. Bradway, administrative chief at the clinic. "They are more sensitive to sun, and it's harder on them than on anyone else."

When working outdoors, individuals should limit heavy yard work to the morning or evening hours because in the heat of the day they get dehydrated quicker, Bradway added.

For those planning recreational activities, such as going to the beach with family or friends, make sure there is plenty of sunscreen. Also, going into the shade or water can guard against the sun. Constant sun exposure can cause damage to skin cells, which results in visible and invisible injuries.

According to the American Academy of Dermatology, sunburn is a visible type injury, which can appear after only a few hours of sun exposure. In addition, other damages from sun exposure are tanning and freckles, which mainly affect people who have fair skin.

"Getting sunburned will increase a person's susceptibility to heat exhaustion," said Lt. Carmin M. Kalorin, flight surgeon for Marine Helicopter Training Squadron-302.

Over time, the built-up damage to skin cells may appear as wrinkles, age spots and even skin

cancer, which are all invisible injuries, as stated by the AAD.

Other factors to worry about this summer are the heat and humidity. According to Kalorin, some early signs of heat related injuries are heat cramps, the process in which muscles aren't receiving enough fluids and begin to cramp up; and heat exhaustion, feelings of fatigue, dizziness, confusion, nausea and an elevated body temperature.

Also, when taking troops out on hot days for physical training, section heads should be aware of the flag conditions. They have the responsibility of ensuring their Marines are staying healthy by hydrating during the course of training, Bradway added.

"Usually people come in because they fell out from PT, and they were feeling dizzy," said Kalorin. "Their friends also say they were stumbling, but kind of kept pushing it until they fell out."

One of the major concerns of medical personnel is when Marines continue to train regardless of what their bodies are telling them. When someone cannot physically go on, and is suffering from hyperthermia (unusually high fever) and is not able to expel fluids from their body, that person is likely suffering from a heat stroke.

The primary reason people suffer from heat strokes is because they are not properly hydrating themselves. Drinking plenty of water is the most important thing they can do. Individuals should also avoid consuming alcoholic beverages on hot days because it contributes to dehydration, Kalorin added.

"If someone is starting to feel dizzy or

a little hot, they should immediately stop what they're doing and get into some shade," said Bradway. "They need to drink a lot of water and rest for a few minutes before finishing whatever they need to do."

Recognizing the signs of heat exhaustion can decrease the risks of becoming a heat casualty. It is this knowledge that will keep everyone safe during the hot season.

To learn more information on how to keep safe during the summer, visit the New River Medical Clinic and pick up an AAD pamphlet.



Sgt. Christine C. Odom

**Proper hydration when doing outdoor activities during the hot summer days will guard against heat-related injuries.**





Cpl. Wayne Campbell

“Wolverines” from Marine Aviation Logistics Squadron-29 march toward their hangar to await formal dismissal from the commanding general.



Cpl. Josh P. Vierela

Two UH-1N Hueys fly over the HML/A-269 hangar as they return to New River.



Cpl. Wayne Campbell

An AH-1W Super Cobra hovers over the New River flightline prior to landing.



Sgt. Juan Vara

Marines from MALS-29 disembark a CH-53E Super Stallion from HMH-464.



Sgt. Christine C. Odum

Three CH-46E Sea Knights from HMM-162 return home.

# Marines return home to cheering crowds

Cpl. Wayne Campbell  
correspondent

New River Marines returned home from a five-month deployment June 22 - 23 after fighting the war in Iraq.

Marines and Sailors from Marine Heavy Helicopter Squadron-464, Marine Medium Helicopter Squadron-162, Marine Light/Attack Helicopter Squadron-269, Marine Aviation Logistics Squadron-29, and the Headquarters and Headquarters Squadron of Marine Aircraft Group-29 came home to crowds of screaming and cheering family members awaiting their arrival.

The squadrons were deployed in January aboard the USS Saipan attached as the Air Combat Element for the 2nd Marine Expeditionary Brigade.

"We fought the war for 10 days flying off the boat and then we moved into Iraq and covered approximately 450 nautical miles of Iraq," said Col. Robert Milstead, MAG-29 commanding officer.

Milstead added that they supported troops near the Iranian border and were involved in the battle for the city of Al Kut, Iraq.

"A lot of people question our youth," said Milstead. "But, I am here to tell you there is nothing wrong with them. The Marine Corps is a young service with most of them still in their

teens.

"I would like to thank the American people for their support because we couldn't have done it without them."

"I was very devastated when he left, but I gave everything to God and gave as much support to my husband as I could," said Carrie Godsoe, wife of Lance Cpl. Christopher Godsoe of HML/A-269. "I am so excited for him to come home. We found out I was pregnant right before he left. We were looking forward to share the experience but then he deployed in support of the war. It was very tiring and trying but my parents helped out a lot."

Carrie gave birth to their first child, Haidyn, March 16. The reunions were visibly emotional as the Marines and family members shed tears of joy as they embraced.

After the initial wave of MAG-29 warriors settled back into home life, more than 200 Marines and Sailors returned Saturday.

The "Blue Knights" of HMM-365, along with detachments from HMH-464 and HML/A-269 were on their way home with the rest of the 2nd MEB when they were diverted to Liberia with the USS Kearsarge battle group. They were part of a force-in-readiness contingency, standing by to provide non-combatant evacuation operations due to civil unrest in the west-African country.

"They did us proud," said Milstead.



Sgt. Christine C. Odum

Families wait anxiously for the return of their loved ones at the Marine Light/Attack Helicopter Squadron-269 hangar, June 22. The "Gunrunners" had been gone more than five months in support of Operation Iraqi Freedom.



Cpl. Wayne Campbell

Captain John Delateur, Marine Aviation Logistics Squadron-29 Operations officer, sheds a tear while holding his daughter, Alexis, after returning to New River June 22. Delateur left for the deployment aboard the USS Saipan in January to fight the war in Iraq.

## MAG-29 Deployment Highlights

Personnel	1,800
Aircraft	58
CH-53E	16
CH-46E	20
AH-1W	18
UH-1N	9
AV-8B	10

Combat Flight Hours	7,500
Combat Sorties	5,000

## Key Operations:

- Largest Helicopter ship-to-shore movement in history.
- Air support to secure key terrain of Safwan Hill.
- Supported seizure of Rumalyah Oil Fields.
- Supported attack on An Nasiriyah.
- Moved task-organized force 300 kilometers to support Task Force Tripoli's seizure of Tikrit.
- Night operations accounted for 50 percent of total.

## Ordnance Fired:

TOW missiles	488
Hellfire missiles	435
2.75-inch rockets	2,500
20 mm cannon ammo	37,000
7.62 mm machine gun	83,000
.50-caliber machine gun	67,500
<b>Total</b>	<b>186,231 lbs. of ammo</b>

Most important is **ZERO** combat losses.



# Station admin center provides support

**Sgt. Christine C. Odom**  
correspondent

Change is constant in the military, but fortunately, there is a place that can help Marines make change as painless as possible.

The Station Installation Personnel Admin Center provides administrative assistance to all military personnel aboard New River. This consolidated admin center is divided into two platoons and broken down into 10 sections for your convenience.

First platoon consists of the headquarters or command element, which assists Marines with legal concerns, quality assurance for pay, promotions and training. They also deal with separations, permanent change of station, and temporary assignment duty and deployments.

Second platoon helps disseminate Marines to the appropriate section for assistance. In addition,

they handle PCS travel claims, receive new Marines, maintain service record books and run the unit diary.

"Before IPAC got consolidated, it was the S-1 shop; they (administrative clerks) would do all the work at the S-1 shops," said Cpl. Cecilia Major, unit diary noncommissioned officer-in-charge, IPAC second platoon. "Every squadron had an S-1 (admin) shop before IPAC took all those personnel clerks."

There are at least two admin clerks from each squadron aboard the Air Station that work at IPAC. The remaining clerks are left at their units to handle issues that can be dealt with within the squadron, added Major.

According to Master Sgt. James W. Gray, staff noncommissioned officer-in-charge of the pay deck and first platoon advisor, the total Marines working at IPAC is 88, to include SNCOs and officers. That amount of personnel, however, assists more than

5,000 Marines and Sailors with every issue concerning their record book.

"Because of the way we are designed and the needs we have to meet, each department acts as a separate entity, but we will do our best to accommodate that Marine with whatever problem he may be having," said Gray.

The legal department, which is attached to the command element, is here to help Marines with medical problems. For example, if a Marine is on limited duty when he reaches his end of active service that Marine has to be monitored or tracked after he gets out.

Legal also takes care of Marines out on appellate leave.

Quality assurance, known as pay, might be the primary concern for most. Often, Marines fail to keep

*See ADMIN, page 13*

# ADMIN

*from page 12*

---

track of their pay or just don't understand how pay periods operate, added Gray.

"Marines don't normally come in when they notice their pay has increased, but the moment they see a decrease in pay, they want to know why," said Gray.

The pay department is responsible for marking all the transactions done by IPAC.

One of their main functions is to generate reports and pull up any inconsistencies with a Marine's pay. If those inconsistencies cannot be resolved, an audit will be done to find the problem.

If Marines need assistance with remedial packages for promotion or military-related training, they can go to IPAC's promotion and training departments located in building AS-211. For help with separations or PCS/PCA orders, Marines can contact John C. Miller, the discharge chief at IPAC's pay deck.

Marines can also find assistance with deployment or temporary additional duty orders at the deployment and TAD section, also located in building AS-213.

According to Master Sgt. Robert J. Lively, personnel administrative chief and second platoon advisor, at

PCS travel claims, Marines checking in or returning to the squadron turn in the appropriate paperwork, including orders and receipts for reimbursement of their travel expenses.

When new Marines are checking in, they go to the new join section of IPAC and an initial new join audit is done to ensure their information is accurate. Ensuring information is accurate is also the job of SRB maintenance.

They make certain the basic individual record, basic training record and record of emergency data information is up to date and correct, explained Lively.

Finally, the unit diary section types up all entries by inputting any information about the Marine in the Unit Diary/Marine Information Personnel System (UD/MIPS). This system uploads into the Marine Corps

Total Forces System and can be accessed by 3270 system.

While clerks are available here at IPAC to assist Marines with any problems they may have, Marines can also access Marine on Line at [www.mol.usmc.mil](http://www.mol.usmc.mil) or the Defense Finance and Accounting Service at [www.dfas.mil](http://www.dfas.mil) to update their information, start allotments or view their leave and earnings statement.

When changes are made online, IPAC will receive a diary feedback report, which lists the changes made by the individual Marine, and then we update any changes at the pay section. This is a convenient process and takes no time at all, said Gray.

To learn more information about the Installation Personnel Admin Center, contact Master Sgt. James W. Gray at 449-7350 or Master Sgt. Robert J. Lively at 449-7274.



# MCCS welcomes everyone home

**Sgt. Juan Vara**  
correspondent

There have been quite a few units returning to Station lately. One organization present at every homecoming is the New River's Marine Corps Community Services, headed by Paul M. Quinn.

Quinn or members of his staff have been, at any time of the day, any day of the week, handing out coffee and doughnuts, or refreshments and hot dogs, sandwiches, cookies, pizzas, American flags, and mementos to make the return of the warfighters one to remember.

"No matter if it's 3 a.m., somebody's always there," said Quinn. "That's whether they come back by bus like [Marine Wing Support Squadron-272] or helicopter like [Marine Medium Helicopter Squadron-263]."

The mission of MCCS is not just

to provide the food, drinks and music. They also provide bleachers and chairs to sit on for those welcoming their Marines and Sailors, and tables to have the food ready to be handed out.

"Our nose has been into everything," said Quinn. "We supplied canvas and crayons for a 'poster party' a few weeks before the homecomings, we provided transportation from the hangars to the barracks for those who didn't have a ride after they got back, and we paid for the yellow ribbons that families hang on the fences."

According to Quinn, one of the things the Marines who live in the barracks enjoyed the most was a visit from the 'Hooters Girls' when HMM-263 returned.

"We try to boost their morale," he said, "that's our job, to try to ease their stress."

The major factor in making the return of the warfighters an enjoyable experience is the advances in commu-

nication. Quinn welcomed returning Marines and Sailors 12 years ago after Operation Desert Storm and sees things go easier nowadays because of e-mail and the Internet.

"We didn't know where they [returning units] were or when they were coming back," said Quinn. "We had everybody come to one hangar and families didn't know if their Marine was getting back or not. It was stressful for them."

The Key Volunteer Network and the Single Marine Program are some of the relatively new programs that help Quinn and his staff make homecomings unforgettable.

"There's a lot of wives of Marines who fought in Desert Storm," he said. "Their experi-

*See HOME, page 17*



Sgt. Juan Vara

**Marine Corps Community Services provides food and refreshments for returning Marines and Sailors.**

# HOME

*from page 14*

ence helps a lot. The KVN seems to be tighter and there's more unit integrity among the wives."

Times have changed and New River MCCS receives more funding for homecomings than they did 12 years ago. Their staff possesses prior experience with homecomings and they have the helping hands of volunteer Marines with the SMP.

"Let's hope we don't have to improve ... not for a war-type situation," added Quinn, a war veteran himself. "We are going to prepare for it but we hope it doesn't happen."

As a Marine, Quinn served three tours in Vietnam. In 1968, then a staff sergeant, he returned home and his experiences are nothing like those of Marines and Sailors today.

"We landed in [MCAS] El Toro and were told to catch a cab home," he said. "I went to Los Angeles to catch a flight and had to wear my uniform to be on 'military stand-by'. I boarded

the plane and there was a guy who didn't want to sit next to me. He thought I was a killer."

Quinn said the pride and the feeling of arriving home and having someone welcome him are "beyond my wildest dreams."

"Back then you just wanted to leave the port of entry, get home and hoped that your family loved you," Quinn added. "And it's not that we weren't greeted, because we were, but they were booing us. People didn't want to be associated with us."

Though Quinn didn't have a homecoming, he and the staff at New River MCCS put out their best effort to make the one for the Marines and Sailors returning today one that they'll never forget.

"Homecomings mean a lot to me," he said. "I have as much fun welcoming Marines now as I did during Desert Storm, and I hope we took good care of everybody."

## Where moms and babies can find care

**Petty Officer 2nd Class  
Curtis K. Biasi**  
contributor

A full range of services for female active duty members and family members of active duty personnel is available at the Camp Lejeune Naval Hospital Obstetrician/Gynecologist clinic.

"Services available range from in-clinic ultrasounds to most forms of birth control to surgical procedures including laparoscopy and hysteroscopy. The clinic offers it all," said Lt. David Haas, staff OB/Gyn physician. "We even offer

things that you might not find at other community hospitals like

24-hour, 7 days per week emergency care from an OB/Gyn physician and midwife. Both physicians and midwives are in the hospital at all times."

The clinic focuses on family-centered care, which is designed to meet the needs of both mom and baby. Care is available for twin pregnancies along with patients requiring some type of high-risk care. There is also close collaboration with the Family Medicine Department, which provides continuous obstetric

care.

"First trimester and second trimester anatomy ultra-sounds are offered to all beneficiaries who start their prenatal care early," said Haas. "There are a lot of myths out there about military health care. We want Marines and Sailors aboard New River and Camp Lejeune to know they can get most, if not all, the care they need right here at the hospital."

To learn more information or have someone from the clinic speak to your organization or civic group, contact the OB/Gyn division officer Lt. Alison Martz at 450-4587.

### Did you know?

In 1954, Marine Helicopter Transport Squadron-261 moved from MCAS Cherry Point to MCAF New River as part of Marine Transport Group-26. For the next nine years they participated in training and special operations, including "Operation Sante" in Haiti. As a result of the squadron's humanitarian actions, the Haitian government issued a two-cent stamp in the squadron's honor.

# AMERICAN HISTORY

## Do you know what the 4th of July is really about?

Story from  
[www.holidays.net](http://www.holidays.net)

Independence Day is the national holiday of the United States of America commemorating the signing of the Declaration of Independence by the Continental Congress on July 4, 1776, in Philadelphia, Pa.

At the time of the signing the U.S. consisted of 13 colonies under the rule of England's King George III. There was growing unrest in the colonies concerning the taxes that had to be paid to England. This was commonly referred to as "taxation without representation" as the colonists did not have any representation in the English Parliament and had no say in what went on. As the unrest grew in the colonies, King George sent extra troops to help control any rebellion. In 1774 the 13 colonies sent delegates to Philadelphia to form the First Continental Congress. The delegates were unhappy with England, but were not yet ready to declare war.

In April 1775 as the king's troops advanced on Concord, Mass., Paul Revere would sound the alarm that "The British are coming, the British are coming" as he rode his horse through the late night streets. The battle of Concord and its "shot heard round the world" would mark the unofficial beginning of the colonies' war for Independence.

The following May the colonies again sent delegates to the Second Continental Congress. For almost a year the congress tried to work out its differences with England, again without formally declaring war.

By June 1776 their efforts had become hopeless and a committee was formed to compose a formal declaration of independence. Headed by Thomas Jefferson, the committee included John Adams, Benjamin Franklin, Philip Livingston and Roger Sherman. Jefferson was chosen to write the first draft, which was presented to the congress on June 28. After various changes a vote was taken late in the afternoon of July 4. Of the 13 colonies, nine voted in favor of the Declaration; two -

Pennsylvania and South Carolina voted "No", Delaware undecided and New York abstained.

To make it official John Hancock, President of the Continental Congress, signed the Declaration of Independence. It is said that John Hancock signed his name "with a great flourish" so "King George can read that without spectacles!"

The following day copies of the Declaration were distributed. The first newspaper to print the Declaration was the Pennsylvania Evening Post on July 6, 1776. On July 8 the Declaration had its first public reading in Philadelphia's Independence Square. Twice that day the Declaration was read to cheering crowds and pealing church bells. Even the bell in Independence Hall was rung. The "Province Bell" would later be renamed "Liberty Bell" after its inscription -

Proclaim Liberty  
Throughout All the Land  
Unto All the Inhabitants  
Thereof.

And although the signing of the Declaration was not completed until August, the Fourth of July has been accepted as the official anniversary of United States' independence. The first Independence Day celebration took place the following year - July 4, 1777. By the early 1800s the traditions of parades, picnics, and fireworks were established as the way to celebrate America's birthday. And although fireworks have been banned in most places because of their danger, most towns and cities usually have big firework displays for all to see and enjoy.



courtesy photo

**Don't forget where we came from and how we got here, celebrate July 4th.**

### 4th of July in the Area

The 4th of July would not be the same without a phenomenal fireworks display. Here are some of the places where you, friends and loved ones can gather to enjoy watching the fireworks light up the North Carolina sky.

#### **Marine Corps Base Camp Lejeune:**

Celebrations start at 5:30 p.m. at W.P.T. Hill Field. This is an alcohol-free event and is open to the public. The 2nd Marine Division Band will provide musical entertainment for Eastern North Carolina's largest fireworks display, scheduled to begin at 9:15 p.m.

#### **Jacksonville:**

Activities start at 2 p.m. at Onslow Pines Park. "The Carousels" will provide musical entertainment, and all revenue will go to the United Service Organizations. The fireworks display is scheduled for 9:15 p.m.

#### **New River:**

The SNCO Club will be the center of activity on the Air Station. The SNCO Wives' Club will be selling food, as people gather to see fireworks from both Camp Lejeune and Onslow Pines Park. The club doors will be open to provide access to facilities, but the bar will be closed.